



PLASTIC SURGERY, REGENERATIVE AND MEDICAL SPA

VIVACE®

Fractional Micro Needle RF



Pre/Post Treatment Instructions

Important Information from Joy Chapman | CE, CLT, LSO
at DrSkin Plastic Surgery, Regenerative & Medical Spa

Congratulations!

Thank you for choosing DrSkin for your Vivace® treatment. To ensure optimal results and long-lasting wear, please follow these aftercare instructions carefully. This document has been meticulously crafted to guide you through the post treatment process with the goal of ensuring the smoothest possible recovery and achieving the best possible outcomes. It is of paramount importance that you review this information in its entirety and adhere strictly to all provided instructions. Your diligent compliance will significantly contribute to the overall success of your recovery.

Should you have any questions or require further clarification, please do not hesitate to contact Joy Chapman | CE, CLT, LSO and the expert medical staff directly at DrSkin Med Spa at **(888) 717-1631**.



VIVACE® PRE-TREATMENT INSTRUCTIONS:

- Avoid Accutane in the six months prior to beginning treatment sessions.
- Topical agents that may increase the sensitivity of patient's skin such as retinoids, exfoliants, topical antibiotics or acids should be avoided 5-7 days prior to treatment.
- Non-steroidal anti-inflammatory drug use (NSAIDs like aspirin, Motrin, Advil, ibuprofen, or any other non-Tylenol, non-acetaminophen product) should be avoided for two weeks prior to treatment to minimize the potential for bruising, unless the medications involved are prescribed for the treatment of an existing medical condition.
- No waxing, depilatory creams, or electrolysis to the area being treated for 5-7 days prior.
- Patients with history of fever blisters can take antiviral medication starting 1-2 days prior treatment and instructed to follow directions on their prescription.
- Avoid tanning beds or unprotected sun exposure, or sunburn for at least 2 weeks prior to. Always use a zinc oxide sunscreen with SPF 30+.
- Avoid self-tanning products 5-7 days before treatment.
- Skin should be free of lotion, oil, makeup, powder, or sunscreen prior to treatment.



Joy Chapman | CE, CLT, LSO



PLASTIC SURGERY, REGENERATIVE AND MEDICAL SPA

VIVACE® POST-TREATMENT INSTRUCTIONS:

- Post treatment skin should be left clean of cosmetic products; although, mineral based products can be worn with clean brushes if necessary. Makeup can be applied as usual the next day.
- Additional care skin products should be avoided for the first 24 hours post treatment, unless advised by skin care provider.
- Jacuzzis, saunas, and steam baths should be avoided for up to 48 hours post treatment.
- Patients should avoid exercise or any strenuous activities that cause sweating, increased heart rate or heating of the skin for up to 48 hours post treatment.
- Refrain from deep exfoliation, retinols, glycolics or products that dry or irritate the skin for 5-7 days post treatment.
- Avoid sun tanning and prolonged exposure to direct sunlight for at least 2 weeks. After 24 hours, patients can use sunblock or moisturizer with sunblock (30 SPF or higher).
- Vivace® treatments should be scheduled 4 to 6 weeks apart. A series of 3 treatments is recommended for new patients.
- After treatment series is completed, a maintenance treatment should be considered every 6 months, or sooner based on patient's skin goals. Timing for follow up treatments are dependent upon factors that include but are not limited to age, skin type, sun exposure and lifestyle.

Please contact DrSkin Med Spa if you have any concerns following your treatment.

DrSkin Med Spa | (480) 904-3311 | 1458 N Higley Rd, Suite 102, Gilbert, AZ 85234

drskinmedspa.com

