



PLASTIC SURGERY, REGENERATIVE AND MEDICAL SPA

Procell Therapies Microchanneling



Pre/Post Treatment Instructions

Important Information from Joy Chapman | CE, CLT, LSO
at DrSkin Plastic Surgery, Regenerative & Medical Spa

Congratulations!

Thank you for choosing DrSkin for your Procell Therapy. To ensure optimal results and long-lasting wear, please follow these aftercare instructions carefully. This document has been meticulously crafted to guide you through the post treatment process with the goal of ensuring the smoothest possible recovery and achieving the best possible outcomes. It is of paramount importance that you review this information in its entirety and adhere strictly to all provided instructions. Your diligent compliance will significantly contribute to the overall success of your recovery.

Should you have any questions or require further clarification, please do not hesitate to contact Joy Chapman | CE, CLT, LSO and the expert medical staff directly at DrSkin Med Spa at **(888) 717-1631**.



PRE-TREATMENT INSTRUCTIONS:

- Plan to go directly home and minimize any errands following the treatment as you will need to avoid sun exposure (and you will not be able to apply sunscreen/makeup the day of the treatment).
- Avoid unprotected sun exposure or sunburn for at least 24 hours prior to your treatment.
- No waxing, bleaching creams, or electrolysis to the area being treated for 5-7 days prior.
- If you're prone to cold sores, take an antiviral agent for 2 days prior to and the day of the treatment.
- Avoid blood-thinning agents (Aspirin, Fish Oils, Vitamin E, Blood-Thinning Medications, etc.) for one week prior because bruising is a common side effect. Always consult your doctor prior to starting or stopping any supplements or medications.
- Do not consume alcoholic beverages at least 24 hours prior to treatment (alcohol may thin blood and increase the risk of bruising).
- Discontinue use of Retinol 2 days prior to treatment.
- If you are planning to have Botox or fillers, please allow 2 weeks after your Botox appointment prior to Microchanneling procedure.



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POST-TREATMENT INSTRUCTIONS:

- No other products, including makeup, outside what we suggest, should be applied until the following day.
- Your skin may feel like a mild sunburn. Use the rest of the roller and apply recommended recovery cream.
- Avoid unprotected sun exposure or sunburn for at least 24 hours prior to your treatment.
- Needle lengths of 0.25mm, 0.5mm will result in mild redness and swelling for up to 24 hours.
- Needle lengths of 1mm to 1.5mm will result in redness and swelling for up to 72 hours.
- Trans-epidermal Water Loss is a common temporary side effect and could leave you feeling dry. Apply hydrating serum and reparative moisturizer daily, morning and evening for dryness/healing and restore the barrier function of the skin.
- Keep the recommended moisturizer with you during the day and apply as frequently as necessary to avoid a dry sensation.
- Peeling and skin sloughing may occur for several days after treatment
- Avoid strenuous workouts, sweating, steam rooms, saunas and hot tubs for 24 hours
- The microchannels are open for a period of time after the treatment, so it is imperative to keep your face clean and out of the elements.
- If you are planning to have Botox or fillers, please allow 2 weeks after your Botox appointment prior to Microchanneling procedure.
- Return for a follow up treatment in about a month or as recommended.

Please contact DrSkin Med Spa if you have any concerns following your treatment.

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